

Common Sense Trading Rule #7: Use self-discipline as your guide against your position. Take your loss and wait for another opportunity.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 CANADA DAY Futures Management Group 145 Canal St, Suite 5 New Smyrna Beach, FL 32168 www.cfsfutures.com 386-427-8228 Construction Spending 9:00 ISM Manufacturing PMI 9:00 Cotton System 2:00 Fats & Oils 2:00 Grain Crushings 2:00 API Energy Stocks 3:30 FN: Jul OJ/Sugar-11 LT: Jun Butter/Milk LTO: Jun Butter/Milk Aug Ldn Wht Sugar	EIA Energy Stocks 9:30 Dairy Products Sales 2:00 FN: Jul RBOB/ULSD	Export Sales 7:30 Jobless Claims 7:30 Unemployment 7:30 US Trade Balance 7:30 Factory Orders 9:00 ISM Services PMI 9:00 EIA Gas Storage 9:30 Dairy Products 2:00 LTO: Jul Can\$/Currencies/ ICE Gasoil/L Cattle/US Dollar*	4 INDEPENDENCE DAY LTO: Jul Austral Bills
7 Export Inspections 10:00 Crop Progress 3:00	8 <i>Consumer Credit 3pm</i> EIA Short Term Energy Outlook 11:00 Consumer Credit 2:00 API Energy Stocks 3:30	9 <i>Wholesale Trade 830 AM ET</i> Wholesale Trade 7:30 EIA Energy Stocks 9:30 Dairy Products Sales 2:00 LT: Jul Cotton	10 <i>Full Moon</i> Export Sales 7:30 Jobless Claims 7:30 EIA Gas Storage 9:30 FN: Jul ICE Gasoil LT: Jul ICE Gasoil/JPX & SGX Nikkei LTO: Jul JPX & SGX Nikkei/TOPIX Sep Palm Oil	11 Crop Production 11:00 USDA Supply/Demand 11:00 LT: Jul OJ LTO: Jul 3-Mo SOFR/Euribor Aug ICE Cocoa/ICE Coffee
14 Export Inspections 10:00 Crop Progress 3:00 LT: Jul Canola/Chi/KC/MN Wheat/ Corn/Currencies/Euribor/Oats/Rice/ Soybeans/Soymeal/Soyoil	15 <i>CPI 830 AM EDT</i> CPI 7:30 Real Earnings 7:30 NOPA Crush 11:00 API Energy Stocks 3:30 LT: Jul 3-Mo SOFR/Can\$/Hogs/ Lumber/Palm Oil LTO: Jul Austral Bonds/Hogs Aug Rapeseed/Sugar-11	16 <i>PPI 830 AM EDT</i> <i>Industrial Production 915 AM EDT</i> PPI 7:30 Capacity Utilization 8:15 Industrial Production 8:15 EIA Energy Stocks 9:30 Dairy Products Sales 2:00 LT: Jul ICE Cocoa/Ldn Cocoa Aug Ldn Wht Sugar LTO: Aug Palladium/Platinum	17 <i>Weekly Jobless Claims, Retail Sales 830 AM EDT</i> Business Inventories 7:30 Export Sales 7:30 Jobless Claims 7:30 Retail Sales 7:30 EIA Gas Storage 9:30 FN: Jul Ldn Cocoa Aug Ldn Wht Sugar LT: Jul SPI 200 LTO: Jul S&P TSX 60/SMI/SPI 200 Aug Crude Lt/ICE WTI Crude	18 <i>Housing Starts 830 AM EDT</i> Housing Starts 7:30 LT: Jul CAC 40/IBEX LTO: Jul CAC 40/DAX/FTSE/IBEX/ STOXX Aug CGB/OJ
21 SEA DAY (JAPAN) Export Inspections 10:00 Crop Progress 3:00 FN: Aug ICE WTI Crude LT: Jul ICE Coffee Aug ICE WTI Crude	22 Milk Production 2:00 API Energy Stocks 3:30 LT: Aug Crude Lt	23 EIA Energy Stocks 9:30 Dairy Products Sales 2:00	24 <i>8:30 AM ET Weekly Jobless Claims 10:00 AM New Home Sales</i> Export Sales 7:30 Jobless Claims 7:30 New Home Sales 9:00 EIA Gas Storage 9:30 FN: Aug Crude Lt	25 <i>Durable Goods, Cattle on Feed, Cold Storage</i> Adv Durable Goods 7:30 Cattle On Feed 2:00 Cold Storage 2:00 FN: Jul Lumber LT: Jul Bitcoin/JPX RSS3 Rubber/ Ldn Coffee Aug JPX Gasoline & Kerosene LTO: Jul Bitcoin Aug 2Yr 5Yr 10Yr Notes/Bonds/ Canola/Chi/KC/MN Wheat/Corn/ Euro Butyl/Euro Bund/Euro Buxi/ Euro Schatz/Long Gilt/Oats/Rice/ Soybeans/Soymeal/Soyoil/ UK Nat Gas
28 Export Inspections 10:00 Crop Progress 3:00 LTO: Aug Copper/Gold/Nat Gas RBOB/Silver/ULSD Sep ICE Brent Crude	29 <i>Consumer Confidence 10:00 AM EDT</i> <i>Day 1 of FOMC</i> Consumer Confidence 9:00 API Energy Stocks 3:30 FOMC Meeting LT: Jul Butter/Copper/Gold/Milk/ Palladium/Platinum/Silver Aug Nat Gas LTO: Jul Butter/Milk	30 <i>Day 2 of FEDERAL RESERVE meeting 830 - GDP</i> GDP (Q2 '25) 7:30 EIA Energy Stocks 9:30 Dairy Products Sales 2:00 FOMC Meeting FN: Aug Nat Gas/UK Nat Gas LT: Jul Hang Seng Aug UK Nat Gas LTO: Jul Hang Seng	31 Employment Cost Index 7:30 Export Sales 7:30 Jobless Claims 7:30 Personal Income 7:30 Chicago PMI 8:45 EIA Gas Storage 9:30 FN: Aug Copper/Gold/Palladium/ Platinum/Silver/Soybeans/Soymeal/ Soyoil Sep ICE Brent Crude LT: Jul 1-Mo SOFR/Fed Funds/ JPX Crude Oil Aug Brazilian Real/Rapeseed/RBOB/ SGX Rubber/ULSD Sep ICE Brent Crude LTO: Jul 1-Mo SOFR/Fed Funds Aug Brazilian Real/JGB/Lumber Sep SGX Rubber	Holidays listed are not necessarily exchange holidays. Currencies = Australian Dollar, British Pound, Euro, Japanese Yen, Mexican Peso & Swiss Franc